# Basic Detail Report



## 00037239

Title CoxBox speaker Date

1990s

Medium

**Primary Maker** Nielsen - Kellerman Co

Plastic, metal

#### Dimensions

Overall: 64 x 90 x 455 mm, 0.18 kg

#### Name

Speaker

### History

Fitness and training have always played an important part in rowing. The early training manuals concentrated on diet, posture and descriptions of the correct stroking method. Rowing technology remained fairly primitive until the 1950s when Professor Frank Cotton at the University of Sydney invented the ergometer enabling the coach to measure a rowers stroke technique and power. The development of computer technology in the 1980s and 1990s led to the sophisticated electronic gear that dominates rowing today.