

Basic Detail Report

00040013

Title

Speedo kickboard used by Petria Thomas

Date

c 2000

Primary Maker

Speedo International Ltd

Medium

Rubber

Dimensions

Overall: 500 x 340 x 35 mm, 0.66 kg

Name

Kickboard

History

A kickboard is a lightweight buoyant board used by competition swimmers to keep the upper body afloat during leg kicking exercises. The kickboard's design allows a swimmer to isolate specific leg muscles in order to develop specialised kicking techniques and continue a training session once the arms have become tired.